

Top Revision Tips

Exams are important. Even so, don't panic and don't pretend they'll go away because they won't. If you're organised, you'll find the exams won't be the nightmare experience that you fear and if you go about things the right way you'll even have time for a social life.

It's important to recognise that we all have different learning styles! Our brains take in information at different rates and store it in different ways. This booklet is designed to give you examples of different ways of learning and revising so that you can find a technique which suits you best.

Before you start however we want to give you some important pointers to help you get the most out of revision!

Have the right attitude!

Having the right attitude to revision will make a massive difference to how successful you will be. Expect the best of yourself. Give yourself the best opportunity you can to reach those target grades by making revision your number 1 priority for the next few weeks.

Planning is crucial!

Write down all the subjects you have to revise, and number them in the order you want to revise them. Make an exam timetable and write down beside each subject the date and time of the exam. Make time for perhaps 3 or 4 subjects that you want to revise each day, with say 1 hour for each subject. Do plan it carefully, revising the hardest subjects at the beginning of the day when your mind is fresh and spending more time on those subjects you expect to struggle with. Remember that you will need to update it from week to week!

Find a good place to work.

It must be quiet and uncluttered even if it means being tidier than normal for a couple of weeks!

Take Time Out

Take a 15 minute breaks every 60 minutes and make sure you have at least an hour's break for meals. Use the time to snack; take some exercise; relax and just generally clear your mind!

Test Yourself

Testing yourself helps to identify areas where you need to work more. We will provide you with past papers. Get together with your friends and test each other on keyfacts which you need to know – *eg French or German vocabulary, History names & dates, Biology terms; Maths formulae.*

Ask for Help!

If you get stuck, talk to someone! You're not alone. Everyone has experienced exam stress and can sympathise with what you're going through. They might even suggest a way of moving forward that you hadn't seen.