

Exam Tips

- ✓ By the time your exams come round you will need to give yourself the best possible chance by making sure you follow some basic advice.
- ✓ Be sure to cut down on your weekend/evening job. Most employers know that you need to commit time to your exams and revision and should not expect you to do extra hours.
- ✓ Ensure you eat and sleep properly. Exam time is not the time to diet, drink alcohol or stay up all night.
- ✓ Check your exam timetable. What time is the exam? Where is it? Do make sure you double check!
- ✓ Organise what you need for your exam the evening before. Make sure you have the correct equipment (*calculators, rulers etc*). Find out what you are not allowed to take in to the exam (*mobile phones etc*). Your exam invigilator will remind you of this before the exam starts. Taking unauthorized equipment into the exam room could result in you being disqualified.
- ✓ Have an early night before your exam and get up early enough to have a good breakfast before you leave for school. Stay calm and allow plenty of time to get to school.
- ✓ Attend any revision warm up sessions in school to prepare your mind for action. Remember that you can only do your best and if you do that you will have no regrets!

Making Notes

- ✓ **Notes are meant to be short memory joggers! There is no point in simply rewriting your class material**
- ✓ **Keep your notes as brief as possible. One idea is to reduce all your notes into *key words (a whole subject should fit onto 1 side of A4 paper)*.**
- ✓ **The brain remembers things best by seeing them or storing them in different ways. For example, if you read about the causes of World War I draw them in a diagram and then discuss them with a friend or teacher. You are more likely to remember what you revise if you are able to talk about what you have learned.**
- ✓ **Use highlighting pens to colour code your notes.**
- ✓ **Use Mind Maps, flowcharts, spider diagrams and other visual tools to make your notes more distinctive. *(Examples of these are contained in this booklet)***